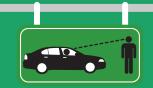


Cross only at intersections, marked crosswalks and crossovers. Do not cross in the middle of the block or between parked cars where drivers are not expecting you to cross.





Make sure drivers see you before you cross.

Make eye contact before you step onto the road
Drivers might be distracted.





Wearing bright or reflective clothing could reduce the risk to pedestrians, especially at night or in bad weather.



GENERAL TIP



Driving under the influence of over-the-counter medications and drugs can affect your abilities required for safe driving. Ask the pharmacist if your medications are safe for driving.



Helmets are not law for riders over 18 years old, but are strongly recommended. Wearing a helmet can prevent a serious head injury.







When cycling, you must ride on the same side as the traffic. Keep to the right edge of the road to allow vehicles to pass safely.





Cyclists must obey all traffic laws and have the same rights and responsibilities as drivers.





Cyclists must equip their bicycle with a bell/horn, lights and reflectors. Wearing reflective clothing will help make you more visible to traffic.